

# Transformational Breathing Level IV

"The World is Ready to Breathe. Are You Ready to Lead?"

with **Dr. Judith Kravitz**  
World-renowned Breathwork teacher and healer.

## The Certification Program provides:

- ♥ In-depth personal tutoring and mentoring from the founder of the Transformational Breathing process
- ♥ Knowledge, skills, and application of Transformational Breathing on a professional level, through exposure, with immediate feedback
- ♥ Advanced breathing analysis techniques
- ♥ Enlightened coaching skills
- ♥ Expansion of intuitive capabilities
- ♥ Accelerated personal growth and evolution through the reflective process in a residential community environment
- ♥ An international family network of breathers and facilitators
- ♥ A deeper commitment to Transformational Breath

## The TBF Professional Training Program – Level IV Facilitator Training

*Amazing gifts await you on the path of becoming a Transformational Breath facilitator. The new expanded residential Facilitator Training Program is guaranteed to increase your personal creative expression and to provide profound Transformational breathwork experiences.*

**Level IV (Part A)**  
August 23 – 29, 2010  
**Level IV (Part B)**  
September 20 - 26, 2010

Held at a  
Beautiful Country  
Retreat

**Western Massachusetts**



Dr. Judith Kravitz is an ordained minister with a Doctorate in Metaphysics. She has taught and advanced the field of Breathwork for over 3 decades. Judith was inspired by a personal experience of self-healing a malignant tumor on her neck, based on principles and skills acquired through her work with the breath. Judith travels worldwide sharing this amazing process. She has trained thousands of Facilitators and led over 100,000 people in groups and individual sessions. Her book, "Breathe Deep, Laugh Loudly", is the ultimate breather's manual as we embrace major transitions in the paradigms for health and well-being.

Judith Kravitz

Get more info on Judith and the TBF: [www.breathe2000.com](http://www.breathe2000.com)



### Cost:

Call for info on tuition and accommodations.  
Major credit cards accepted.

### Contact:

**Rox Lindbert**  
**603.286.8333**  
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NOTE: Completion of Levels I - III or Seminar is a pre-requisite for this Training.