

TRANSFORMATIONAL BREATH® FOUNDATION FACILITATOR CERTIFICATION REQUIREMENTS

1. Completion of Levels I, II, III or the Seminar Week of the Personal Training Program.
2. Forty documented facilitation sessions with others within one year of completion of the Level IV Professional Training Program. (Up to 20 may be in workshop setting, each group breath session with 2 or more participants counts as 1 session; at least 20 breath sessions need to be individual sessions).
3. Two case studies of 2 individuals over 5 private breath sessions, documented with evaluation forms of initial, middle, and final sessions (counts as 10 of 40 documented sessions).
4. Completion of required reading material within one year of completion of Professional Training Program, including the *Presence Process* by Michael Brown.
5. Basic understanding of the Transformational Breath® process demonstrated by:
 - a. Written exam,
 - b. Observed facilitated sessions and,
 - c. Demonstrating a relatively full, open breath in your own breathing process.
6. Completed Vision Statement (Part IV).
7. Completed Questionnaire of feedback from Breathwork Sessions (Parts I & III).
8. Full Self-breath sessions once a week for eight consecutive weeks during or within one year of completion of the Training Program.
9. Journal of Breathing Sessions for review by Level IV Senior Trainer. Please note any shifts or changes you observe in a) Self-Breathing Sessions and, b) Sessions with others.
10. Completion of the 40 Day Prosperity Program (begins Part II).
11. Completion of the 40 Day Miracles Program (begins Level IV-A).
12. Obtain Mentor Evaluation Form and submit with other documentation.
13. Completion of financial requirements.
14. Facilitate at two each of Parts I, II, and III Personal Training events –or- at two week-long TBF Seminars; In addition, assist as Staff at one Level IV-A.
15. Demonstrate understanding and alignment with the roles, responsibilities, and ethical guidelines of a Transformational Breath® Facilitator as defined by the Transformational Breath® Foundation.
16. A Facilitator choosing to practice and share Transformational Breath® will do so exclusively. They will not offer or advertise any other breathing techniques.

To maintain Certification, attend a TBF re-certification event or
TBF Training Program once per year and pay an annual \$25 fee.
Senior Trainers will document with an evaluation form.